

Neighborhood Club Position Description



Position: Group Exercise Instructor, part-time

Job Location: 17150 Waterloo, Grosse Pointe MI, 48230

Total Compensation: \$25-30/class, DOQ

Eligible for membership pending 30 days of employment

Application Deadline: Position open until filled

The Neighborhood Club is a non-profit servicing the Grosse Pointe communities (service population of approximately 50,000) for more than 102 years. The Neighborhood Club operates a new Recreation and Wellness Center that opened in January 2013. The 48,051 square foot facility has a fitness center, fitness studio, gymnasium, indoor pool, locker rooms, preschool, multi-purpose community room, rowing/fitness room, Sports Enhancement Center, and two training/conference rooms. Beaumont Health System is a long-term tenant in the facility occupying approximately 25% of the building space providing adult physical therapy and services for children with special needs.

Position Description

The Group Exercise Instructor works in consultation as an independent contractor with the Neighborhood Club Recreation and Wellness Center to provide a safe and effective exercise environment for all fitness levels.

Responsibilities

- Under the supervision of the Wellness Program Manager, the Group Exercise Instructor develops and instructs group fitness classes.
- Enforces all facility policies and procedures.
- Reacts to emergency situations.
- Arrives early to prepare for class.
- Must be fully committed to teaching scheduled classes and help sub others' classes as needed.
- Must be able to work mornings, days, evenings, weekends and holidays as assigned.
- Attend all mandatory Fitness Staff meetings.

Qualifications

- Must be able to work as part of a team and interact with people in a friendly and supportive manner.
- Must have the ability to communicate effectively with a variety of situations and personalities.
- Must have the physical conditioning necessary to instruct group exercise.

Requirements

- Current CPR, AED, and First Aide certification.
- Current certification in group fitness.
- Must have own liability insurance or purchase within 30 days of hire.
- Must pass a background check as conducted by the Neighborhood Club Staff.

Email applications to Amber Jager: amber@neighborhoodclub.org

The qualifications and descriptions as listed above are intended to represent the minimum skills and experience levels associated with performing the duties and responsibilities contained in this job description. The qualifications should not be viewed as expressing absolute employment or promotional standards, but as general guidelines that should be considered along with other related selection or promotional criteria.

The Neighborhood Club is an Equal Opportunity Employer