

Neighborhood Club Position Description



Position: Personal Trainer, part-time

Job Location: 17150 Waterloo, Grosse Pointe, MI 48230

Salary: \$30/hour DOQ

Eligible for membership pending 30 days of employment

The Neighborhood Club is a non-profit servicing the Grosse Pointe communities (service population of approximately 50,000) since 1911. The Neighborhood Club operates a new Recreation and Wellness Center that opened in January 2013. The 48,051 square foot facility has a fitness center, fitness studio, gymnasium, indoor pool, locker rooms, preschool, multi-purpose community room, rowing/fitness room, Sports Enhancement Center, and two training/conference rooms. Beaumont Health System is a long-term tenant in the facility occupying approximately 25% of the building space providing adult physical therapy and services for children with special needs.

Position Description

We are seeking Personal Trainers to join our dynamic team of fitness professionals! The Personal Trainer works as an independent contractor with the Neighborhood Club Recreation and Wellness Center to provide a safe and effective exercise environment for all personal training clients.

Responsibilities

- Develops and delivers safe, professional, and comprehensive personal training programs
- Demonstrate proper form and technique
- Cultivate a fun and positive environment during sessions
- Start and end sessions on time
- Educate and encourage members
- Follow and enforce facility policies
- Must abide by Personal Trainer Expectation Agreement
- Attend all mandatory Fitness Staff meetings
- Contribute positively to the environment in the gym

Qualifications

- Available mornings, days, evenings, and weekends as needed
- Ability to work as part of a team and interact with people of various backgrounds in a friendly and supportive manner
- Communicate effectively with a variety of situations and personalities
- Passion for health and fitness

Requirements

- Valid CPR, AED, and First Aid Certification or completion of certification within 30 days of hire
- Current nationally accredited personal trainer certification
- Must pass a background check as conducted by the Neighborhood Club Staff

The qualifications and descriptions as listed above are intended to represent the minimum skills and experience levels associated with performing the duties and responsibilities contained in this job description. The qualifications should not be viewed as expressing absolute employment or promotional standards, but as general guidelines that should be considered along with other related selection or promotional criteria.

The Neighborhood Club is an Equal Opportunity Employee